Acupuncture is useful for

- Paralysis (Limbs / Face)
- Migraine • Headache
- Neuralgia • Wrist / Foot drop
- Diabetes / Hypertension
- Asthma / Allergy • Heart disease
- Hyperacidity / Constipation
- Spondylosis (Cervical / Lumbar)
- Rheumatoid Arthritis / Knee pain.
- Heel Pain / Frozen shoulder
- Leucorrhoea (white discharge)
- Menstrual disorders
- Infertility • Impotence
- Deafness, Tinnitus, Myopia
- Allergic / Chronic Rhinitis
- Acne / Leucoderma / Psoriasis
- Wrinkles / Blemishes • Obesity
- Epilepsy • Sleep disorders.
- Manic depressive disorders
- Addictions - Alcohol, Tobacco etc.
- Kidney / Liver / Heart / Skin / Thyroid
  Brain / Muscle / Eye disorders.
- Kidney Failure • Liver Cirrhosis
- Optic Atrophy
- Retinitis Pigmentosa
- Cerebral Palsy • Parkinsonism
- Varicose Veins
- Coronary Artery Disease
- Ankylosing spondylitis
- Motor Neuron Disease
- Duchenne Dystrophy
- Oligospermia / Azoospermia
- Neurogenic Bladder
- Non healing ulcers
- Certain Tumours
- Transverse Myelitis
- Ulcerative Colitis

Clinical Research

Incurable Cases Treated With Acupuncture

Acupressure Points for First Aid

Frequently Asked Questions

Acupressure Points to Stay Disease Free And Live Longer

Contact us on
9922571571, 7718876102/1
022-24216238, 0240-2484815

DRUGLESS TREATMENT REMEDY !!!
**ACUPRESSURE POINTS FOR FIRST AID**

**HEADACHE**

L.I 4 : Top of the fleshy prominence on the back of the palm, when thumb is brought close to the index finger.

**VOMITING**

P-6 : About 3 fingers above the midpoint of wrist crease.

**STIFF NECK**

S.I. 3 : Clench your fist. The point lies on the medial end of the main transverse crease of the palm.

**UNCONSCIOUSNESS**

Du 26 : Just below the nose, at the junction of upper 1/3 & lower 2/3 of a line drawn between the tip of nose and the upper lip.

**HEART ATTACK**

H 9 : At the radial corner of the base of the nail of the little finger. Any needle or sharp object can be used to prick and bleed this point.

Contact: 9922571571, 9403030001-2, 022-24216238, 0240-2484815
Prof. Sir Dr. P. B. Lohiya
M.B.B.S. M.C.G.P., F.I.A.Ac. (India)
M.I.A.S. (Hongkong), M.A.F.S. (Scandinavia)
D.M.I.C.Ac. (Australia) Doctor of Science (Med. Alt.)
Ph.D. (Spain), M.C. Ac.A. (U.K.) China Trained

- Chairman-Indian Academy of Acupuncture Science.
- President-India Institute of Holistic Medicine
- Vice Chairman-World Association of Chinese Medicine (China)
- Visiting Professor-Beijing Meridian Research Centre (China)
- Professor Emeritus-Medicina Alternativa Intl. (Srilanka)
- Gold Medal of Honour & Merit (International University)
- Best Acupuncture Teacher Award (International Academy)
- “The Physician of the Century”, International Accolade
- Honourable Friend of the Institute (Poland)
- World Famous Doctor Award (China)
- Dean. huang Di-Neijing Research Centre
- Albert Schewietzer International Award
- Paxmundi International Award
- Shield for Excellence (Pakistan)
- Certificate of Excellence (Srilanka)

Dr. Swati Lohiya
M.B.B.S. M.C.G.P., D.Ac. F.I.A.Ac.S. (India)
- Gold Medal (International Council)
- Honourable friend of the Institute (Poland)
- Hon. Board of studies, Beijing Meridian Research Centre (China)

Dr. Sachin Lohiya
W.H.O. Recognised Course (Vietnam), China Trained
- Gold-Ox award (China)
- Council Member World Association of Chinese Medicine
- Member International Acupuncture Society Hong Kong.
- Fellowship in Pain Management (India)

Dr. Sarang Lohiya
M.B.B.S., D.Ac., D.T.C.M., M.D. (Acu.)
W.H.O. Recognised Course (Vietnam)
- Member International Acupuncture Society Hong Kong.
- Trained at Beijing TCM College

Dr. Neeta Lohiya
B.A.M.S., D.Ac., M.D. (Srila)

Dr. Rakhi Lohiya
B.H.M.S., D.Ac. B.T.C.M., M.I.A. Ac.S.

ACADEMY ACTIVITIES
- Free check up & Treatment camps at Mumbai, Pune, Dombivli, Panvel, Kolhapur, Solapur, Surat, Nashik, Dhule, Jalgaon, Chandrapur, Gulbarga, Panajim, Hyderabad, Ahmedabad, Bhopal, Indore, Jaipur, Akola, Thane, Ahmednagar, Jodhpur, Nanded, Osmanabad, Baramati, Delhi etc.
- Training courses for Doctors
- Training course in Acupressure for common man.
- Training courses for Beauticians in Cosmetic Acupressure
- Huang-Di-Neijing Research Centre.
- Permanent Treatment centres at Mumbai, Aurangabad, Delhi, Hyderabad & Surat.

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Acupressure points to improve immunity

**L.I. 11**: Out or end of elbow crease, when the elbow is folded at right angle.

**S.T. 36**: 4 Fingers below the outer/lateral knee eye.

**S.P. 6**: 4 Finger above the tip of the bony prominence of ankle on the medial side.

**D.U. 14**: Below the largest palpable vertebrae of neck. Approximately the centre of 2 shoulder joints in the back.

How to live 100 years! Press these points

**K-3**: On the inner side of the angle between the ankle prominence and the stont tendon above heel.

**K-7**: 3 finger breadth above K-3

**L.U. 9**: Outer end of wrist crease (on thumb side)

**L.I. 11**: See above.

**P-6**: 3 finger breadth above the midpoint of wrist crease betn the 2 tendons.
1) What is Acupuncture?
- Acupuncture, means treatment of disorders by stimulating certain points on the skin. It is used to treat successfully both pain and dysfunction in the body.

2) How does acupuncture work?
- Chinese medical theory holds that vital life energy circulates through the human body by way of channels called meridians. If for any reason this flow is blocked, ailments & diseases occur. Just as a tune-up keeps an automobile in good running order, acupuncture can maintain health and prevent illness and disability. Acupuncture can increase the immunity and maintain balance in the physiological functions.

3) Is the treatment painful?
- Because of the extreme slenderness of the needle most people compare the sensations to "less than a mosquito bite". TENS, LASER etc can also be used, instead of needle to stimulate the points.

4) How many treatment Sessions are necessary?
- Obviously the number of treatments vary with different conditions and individuals. Chronic problems generally require more treatment than acute ones. Some patients notice an immediate improvement after the 1st treatment. Whereas others may not notice any effect until the 7th or 8th visit. It's been shown that a certain percentage of patients receive maximum benefit upto 3 months following a course of therapy.

5) In which disorders it is useful?
- Acupuncture textbooks list well over 100 different conditions that respond well to acupuncture such as Hemiplegia, Rheumatoid Arthritis, Diabetes, Asthma, Cerebral palsy, Hypertension, Lumbar spondylosis, Cervical spondylosis, sciatica, osteoArthritis, Allergy, Acidity, Migrane, Deaf-Mute, Obesity, Impotence, Addiction, Skin/Abdomen/Kidney/Liver/Heart/Brain diseases etc.

6) Are the results permanent?
- For acute problems where there has been little or no organ system or tissue damage, results are often permanent. For chronic conditions, symptoms may recur from time to time. Generally a few additional treatments are sufficient to obtain relief.
UNIQUE & SO CALLED INCURABLE CASES TREATED
AT DR. LOHIYA ACUPUNCTURE CENTRE

NEUROGENIC BLADDER (अन्तर्गुणीत मूत्र प्रभाव) - A boy 12 years old R/O Akola. Operated for Meningomyelocele (tumour) on back at Nagpur, lost the control over micturition as a complication of the operation. Put on catheter which was advised lifelong, completely recovered only in 4 days acupuncture treatment. A challenge to the concepts of Modern medicine, Video recorded.

ANKYLOSING SPONDYLOSIS (ताहलालेली पात) - Male 35 years R/O Aurangabad. Long snake moxibustion & Acupuncture given. Curvature of vertebral column corrected to remarkable degree.

GULLAINE BARRE SYNDROME (दोन्ही पायाचा लक्यच) - Male 25 years R/O Gunj. Came to our centre in Oct. 92 with paralysis of both lower limbs due to G. B. Syndrome. Completely cured in 6 courses of acupuncture. At present employed at our centre.

RHEUMATOID ARTHRITIS (संघीयत) - Female 28 years R/O Parli. Family history +ve, R.A. factor +ve. Within 6 courses of Acupuncture, R. A. factor became-ve. Completely cured. By now hundreds of such cases have been successfully treated.

QUADRIPLEGIA (ह्रतप्रायचा लक्यच) - Male 45 years R/O Pune operated in 1975 for Cervical Canal Stenosis. Quadriplegia (paralysis of all limbs) was the complication. Brought on stretcher in our Pune camp in 1996. Recovered surprisingly in the same course, he went for swimming on 12th day!

MACULAR CHOROIDITIS (अंशत) - Male 48 years R/O Pune. Suffered from Toxoplasmosis in 1970, leading to loss of central vision in right eye. Got recurrent attacks of Chronic Iridocyclitis too. Treated in 1997, by He-Ne LASER and Acupuncture. After 13 days treatment, the blind spot reduced to 15% only. Perimetry was done daily.

SINGERS NODULE (व्यक्रम विकार) - Male 35 years R/O Nashik. Loss of voice, ENT Specialist diagnosed a nodule on Larynx as the cause. After the first sitting (1992), 75% voice regained. Nodule vanished after two sittings. Confirmed by ENT specialist.

DIABETIC GANGRENE OF FOOT (न्युरेयलमूले भरत न येणार वण) - Male 65 years R/O Dombivali. Treated by He-Ne LASER in 1998. Foot normal within a month. Amputation avoided.

FRACTURE SPINE WITH PARAPLEGIA (मण्डव्यावधी न्युनखरे मोह्या दोन्ही पायाचा लक्यच) - Male 30 years R/O Gangapur. Suffered from Fracture T 12 vertebra due to accident, leading to paralysis of both legs. Advised surgery with complete bed rest by ortho. Surgeon. Patient came to us to avoid surgery (Feb. 2000). Complete recovery within 5 days. Started walking without support from 6th day. Urine and bowel habits returned to normal.

ADDICTION (चक्षत) - Male 30 years R/O Aurangabad. Smoked 80 cigarettes daily. Treated in 1990. 25% reduction in number of cigarettes daily, after each treatment. Stopped smoking after 5 days.

AZOOSPERMIA (तुंकुसक्त) - Male 35 years R/O Parli-Vaijnath. Treated in 1983. semen analysis disclosed presence of sperm after 30 sittings. Wife conceived thereafter. 3 deliveries followed by tubectomy done in our hospital.

OPTIC ATROPHY (अंशत) - Female 32 years R/O Hyderabad. Treated in 1988. Before treatment, only finger counting was possible. Normal vision in 10 sittings only.


CHRONIC RENAL FAILURE (किंचनी केल्याअर) - Male 40 years R/O Mumbai. Brought to us in 1998. Was on dialysis twice a week. After starting treatment, the duration between two dialysis could be gradually increased. Considerable recovery within 80 sittings. Blood urea, Serum creatinine decreased and Hb% increased. Skin colour changed from black to normal. At present we are treating many such cases. Success rate is very high. Most of the cases start responding after 3-5 sitting only.

ACUTE DISC PROLAPSE (L S1) (न्युनखरे मोह्या वणी तरत) - Male 36 years R/O Hyderabad. Patient was advised immediate surgery. He could not turn even in bed and was brought on strature in Hyderabad Camp. Dr. Lohiya inserted only two needles in the opposite hand patient could walk within five minutes and surgery was successfully avoided.

CEREBELLAR ATAXIA - (छोट्या मैत्र विकार) - Male 12 years R/O dist Kolhapur-Patient had a history of fall in past. He was advised Acupuncture treatment for 6-8 courses. Surprisingly this patient recovered completely within the 1st course itself. As on today he has stable gait & does not fall even while
PARALYSIS IN CHILD - 9 year old school girl presented with left sided weakness. Many of such children have been treated at our centre, fortunately children are the candidates who respond very well. The girl started using her left hand and would literally run after 6 mths.

CEREBELLAR ATAXIA - A Civil Engineer had imbalance gait with uncontrolled Diabetes Mellitus. His MRI suggests cerebellar and cerebeller atrophy. He was always accompanied by 2 persons carrying him to our hospital. This case responded well in 30 days of treatment. He could walk with a stick. In the next course he could walk without stick with a little support.

SPORTS INJURIES - A Ranji trophy cricket player had pain and stiffness in the back. He felt well with strict bed rests and small workout sessions. This patient was admitted in our hospital for the sake of rest and treatment procedures. Acupuncture with moxibustion helped the pain wane up. After 10 days of treatment work out was started. Practice sessions on the ground did not make the pain come back. Further sessions of treatment were continued to see him fit and play matches with full potential.

BELLS PALSY-PARALYSIS OF FACE - A newly married women saw deviation of mouth. Steroids are considered as the wonder drug in such cases but she did not respond to it. Acupuncture treatment was the last hope left, initial course was given for 15 days. 2 courses made her near normal. 15-20 days after the end of treatment she had deviation on opposite side. This time the treatment was started without wasting much time and complete recovery was achieved in only 10 days of Acupuncture treatment.

CEREBRAL PALSY - A boy was admitted in a school for the mentally disabled. He was a diagnosed case of CP. MRI suggests microcephaly. We consulted the kid and found him subnormal. Parents were landed in great difficulty. Acupuncture was started to improve his cognitive ability, learning ability, grasping capacity thereby improving his IQ. Boy responded well started behaving normally, stopped laughing and staring abnormally, learnt community living. Finally he could be admitted in a normal school.

EPILEPSY - 32 yr gentlemen printer by occupation was diagnosed with Grand Mal Epilepsy. His MRI was normal, EEG confirmed the diagnosis. He was on regular antileptics. Inspite of the drugs he used to have episodes of attacks 2-3 times a month. He suffered with several tongue bites. Perfect diagnosis gives quick results. The number of attacks are reduced during the first course of acupuncture. Further treatments are then meant to reduce the doses of antileptics, this has to be done gradually and cautiously. The above mentioned case was successfully treated, he now runs a courier agency.

TRIGEMINAL NEURALGIA - TINGLING AND PAIN OF FACE - A famous artist of India had severe pain in tooth referring over the half side of the face. His pain was aggravated on intake of solid food and cold drinks. He could not concentrate on his profession and stopped paintings. This literate person had studied all the treatment options and opted for Acupuncture treatment. After 15 days of treatment he could eat rice. He was emotional and could not stop crying. He replied gladly, Sir I could eat rice after 9 mths. Drugs were gradually withdrawn. He made portrait of Prof Sir Dr Lohiya. His paintings are placed in many airports of India.

IRRITABLE BOWEL SYNDROME - A Radiologist was diagnosed having irritable bowel syndrome. He used to have alternating diarrha and constipation. He used to feel fatigued and put down a significant weight. We were pleased to give a brilliant recovery to this senior radiologist. After a treatment of 20 days we could stop all the medicines. Since 1 month his appetite was improved to gain 1 kg of weight. He could pass the stools normally. He became a normal looking cheerful individual as before. After 3 courses he started working 10 hours a day.

MIGRAINE- HEADACHE - A company worker was a diagnosed case of migraine. The pain and uncontrolled anger during the attack was so much that he neglected to marry in fear of the adverse circumstances. Every time he had pain the attacks were subsided with Acupuncture. Reduction in the number of attacks and drugs helped improve his confidence. He had a pain free period of 6 mths which confirmed the end of the dreadful disease. 4 yrs later he visited our hospital with his wife and daughter not for migraine but to treat the backache of his wife.

RARE CASES WITNESSED - Cirrhosis of Liver, Reinitis pigmentosa, Optic atrophy, Ankylosing spondylitis, Azoospermia, Oligospermia, Duchenne dystrophy, Lumbar girdle dystrophy, Multiple sclerosis, Facial clonus, Ramsay Hunt syndrome, Leigths disease, Diabetic Gangrene of foot, Macular Choriditis, parkinsonism, Alzheimers disease, Agrawals disease, Hallervorden Spatz disease NBIA1, Wilsons disease, Interstitial Lung disease, Erbs palsy in child, Cerelellar atrophy due to various causes, Cerebral Atrophy due to many causes, Buergers disease, Teitzs syndrome, Irritable bowel syndrome, Crohns disease, Raynauds disease etc.

Contact : 9922571571, 9403030001-2, 022-24216238, 0240-2484815
International Training & Treatment Centre -
- Aurangabad - Plot No 1, N-2, Mayanagar, CIDCO, Aurangabad (Maharashtra) 431210.
- Aurangabad - Plot No 1, Gut No 104, Dr Lohiya Bungalow, Satara Pariser- 431010.

Head Offices and Treatment Centre -
- Delhi - Cottage 11 A, West Patel nagar, behind Vijay Sales, Patel Road, Delhi 8.
- Mumbai - Sarvoday Bhavan, Gokhale Road, Beside Anugraha Hotel, Dadar West 400028.

Treatment and Consultation Centres -
- Mumbai Thane - Londhe Compound, besides Gaodevi Bus Depo, opposite Lakhichand Jewellers, Thane West.
- Mumbai Andheri - Shop No 4, Vitthal Kunj, Besides Fidai baug, Near Andheri West Station.
- Panvel - 149, MCCH, opposite Tava Hotel, Near Shivaji Chowk, Panvel.
- Hyderabad - Dr Sudhir’s Holistic Clinic, Opp Usha-Mayuri Theatre, Mushirabad.
- Surat - Beside Jade blue showroom, Rangila Park Circle, Ghododd road.

Contact Information -
0240-2484815, 0240-2654010, 022-24216238.
Dr. Sachin Lohiya - 9403030001, 9822556510. Dr. Sarang Lohiya - 9922571571.
Fax- 0091-240-2653822.

www.acupunctureindia.org    E-mail : doctorlohiya@gmail.com